

November

Amigos Por Vida
Breakfast Preschool

2 **Breakfast** **Entree** Cinnamon Toast Crunch **Fruit** Applesauce	**3** **Breakfast** **Entree** Mini Maple Pancakes **Fruit** Diced Peaches	**4** **Breakfast** **Entree** Froot Loops Waffle **Fruit** Banana	**5** **Breakfast** **Entree** Maple Belgian Waffle **Fruit** Pears	**6** **Breakfast** **Entree** Mini Bagels w/ Strawberry Cream Cheese **Fruit** Blueberries
9 **Breakfast** **Entree** Trix Cereal **Fruit** Applesauce	**10** **Breakfast** **Entree** Cinnamon Toast Crunch Mini French Toast **Fruit** Diced Peaches	**11** **Breakfast** **Entree** Cinnamon Snack'n Waffle **Fruit** Banana	**12** **Breakfast** **Entree** Turkey Sausage Biscuit **Fruit** Pears	**13** **Breakfast** **Entree** Banana Muffin **Fruit** Blueberries
16 **Breakfast** **Entree** Honey Cheerios **Fruit** Applesauce	**17** **Breakfast** **Entree** Breakfast Turkey Sausage Pizza **Fruit** Diced Peaches	**18** **Breakfast** **Entree** Mini Confetti Pancakes **Fruit** Banana	**19** **Breakfast** **Entree** Maple Pancake, Chicken Sausage & Cheese Sandwich **Fruit** Pears	**20** **Breakfast** **Entree** Strawberry Yogurt **Fruit** Blueberries
Thanksgiving **23**	*Thanksgiving* **24**	*Thanksgiving* **25**	*Thanksgiving* **26**	*Thanksgiving* **27**
30 **Breakfast** **Entree** Trix Cereal **Fruit** Applesauce				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



November

Amigos Por Vida
Breakfast K8

2 **Breakfast Entree** Cinnamon Toast Crunch **Fruit** Applesauce Apple Juice	**3** **Breakfast Entree** Mini Maple Pancakes **Fruit** Apple Juice Mixed Fruit	**4** **Breakfast Entree** Froot Loops Waffle **Fruit** Banana Apple Juice	**5** **Breakfast Entree** Maple Belgian Waffle **Fruit** Apple Juice Pears	**6** **Breakfast Entree** Lucky Charms Cereal **Fruit** Blueberries Apple Juice
9 **Breakfast Entree** Trix Cereal Bar **Fruit** Applesauce Apple Juice	**10** **Breakfast Entree** Cinnamon Toast Crunch Mini French Toast **Fruit** Mixed Fruit Apple Juice	**11** **Breakfast Entree** Cinnamon Snack'n Waffle **Fruit** Banana Apple Juice	**12** **Breakfast Entree** Turkey Sausage Biscuit **Fruit** Pears Apple Juice	**13** **Breakfast Entree** Banana Muffin **Fruit** Blueberries Apple Juice
16 **Breakfast Entree** Apple Cinnamon Nutri-Grain Bar **Fruit** Applesauce Apple Juice	**17** **Breakfast Entree** Breakfast Turkey Sausage Pizza **Fruit** Mixed Fruit Apple Juice	**18** **Breakfast Entree** Mini Confetti Pancakes **Fruit** Banana Apple Juice	**19** **Breakfast Entree** Maple Pancake, Chicken Sausage & Cheese Sandwich **Fruit** Pears Apple Juice	**20** **Breakfast Entree** Yogurt & Granola **Fruit** Blueberries Apple Juice
23 *Thanksgiving*	**24** *Thanksgiving*	**25** *Thanksgiving*	**26** *Thanksgiving*	**27** *Thanksgiving*
30 **Breakfast Entree** Trix Cereal **Fruit** Applesauce Apple Juice				

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November

Amigos Por Vida
Lunch Preschool

2 **Lunch Entree** Breaded Chicken Sandwich **Vegetables** Creamed Corn **Fruit** Pineapple Tidbits	**3** **Lunch Entree** Beef & Cheese Taco **Vegetables** Pinto Beans **Fruit** Pears	**4** **Lunch Entree** Meatballs,beef **Vegetables** Mashed Potatoes & Gravy **Fruit** Blueberries **Grains** Dinner Roll	**5** **Lunch Entree** Chicken Alfredo **Vegetables** Broccoli Florets **Fruit** Diced Peaches	**6** **Lunch Entree** Turkey & Beef Pepperoni Pizza **Vegetables** Diced Carrots **Fruit** Applesauce
9 **Lunch Entree** Meatball Sub **Fruit** Pineapple Tidbits	**10** **Lunch Entree** BBQ Chicken Slider **Vegetables** Diced Carrots **Fruit** Pears	**11** **Lunch Entree** "Fried" Chicken Bowl with Mashed Potatoes **Fruit** Blueberries	**12** **Lunch Entree** Beef Taco **Vegetables** Pinto Beans **Fruit** Diced Peaches	**13** **Lunch Entree** Pizza Crunchers **Vegetables** Corn **Fruit** Applesauce
16 **Lunch Entree** BBQ Chicken Tender Sandwich **Vegetables** Corn **Fruit** Pineapple Tidbits	**17** **Lunch Entree** Bean & Cheese Burrito **Vegetables** Pinto Beans **Fruit** Pears	**18** **Lunch Entree** Chicken Smackers with Mac & Cheese **Vegetables** Diced Carrots **Fruit** Blueberries	**19** **Lunch Entree** Breakfast for Lunch: Scrambled Eggs & French Toast Sticks **Vegetables** Seasoned Potatoes **Fruit** Diced Peaches	**20** **Lunch Entree** Mozzarella Stuffed Breadsticks with Marinara Dip **Vegetables** Spaghetti Sauce Dip **Fruit** Applesauce
Thanksgiving **23**	*Thanksgiving* **24**	*Thanksgiving* **25**	*Thanksgiving* **26**	*Thanksgiving* **27**
30 **Lunch Entree** Soybutter & Jelly Sandwich + Cheese Stick **Vegetables** Corn **Fruit** Pineapple Tidbits				

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November

Amigos Por Vida

Lunch K8

2 **Lunch Entree** Breaded Chicken Sandwich **Vegetables** Crinkle Cut Fries Dill Pickle Chips **Fruit** Craisins	**3** **Lunch Entree** Beef Taco **Vegetables** Pinto Beans Diced Carrots **Fruit** Apple Juice **Condiments** Cholula Packet	**4** **Lunch Entree** Meatballs,beef **Vegetables** Green Beans Mashed Potatoes & Gravy **Fruit** Orange **Grains** Dinner Roll	**5** **Lunch Entree** Chicken Alfredo **Vegetables** Brocoli Florets Broccoli Florets **Fruit** Red Apple Slices	**6** **Lunch Entree** Turkey & Beef Pepperoni Pizza **Vegetables** Diced Carrots Corn **Fruit** Pear Halves
9 **Lunch Entree** Meatball Sub **Vegetables** Diced Potatoes **Fruit** Craisins	**10** **Lunch Entree** Mini Chicken Corn Dogs **Vegetables** Broccoli Diced Carrots **Fruit** Apple Juice	**11** **Lunch Entree** "Fried" Chicken Bowl with Mashed Potatoes & Corn **Fruit** Orange	**12** **Lunch Entree** Beef & Cheese Walking Taco **Vegetables** Pinto Beans Diced Carrots **Fruit** Red Apple Slices	**13** **Lunch Entree** Pizza Crunchers **Vegetables** Green Beans Corn **Fruit** Raisins
16 **Lunch Entree** BBQ Chicken Tender Sandwich **Vegetables** Green Beans Corn **Fruit** Raisins **Condiments** Ranch Packet	**17** **Lunch Entree** Bean & Cheese Burrito **Vegetables** Pinto Beans Diced Carrots **Fruit** Apple Juice **Condiments** Cholula Packet	**18** **Lunch Entree** Chicken Smackers with Mac & Cheese **Vegetables** Wango Mango Juice Box Diced Carrots **Fruit** Orange	**19** **Lunch Entree** Breakfast for Lunch: Scrambled Eggs & French Toast Sticks **Vegetables** Dragon Punch Diced Potatoes **Fruit** Red Apple Slices	**20** **Lunch Entree** Mozzarella Stuffed Breadsticks with Marinara Dip **Vegetables** Broccoli Spaghetti Sauce Dip **Fruit** Pear Halves
23 *Thanksgiving*	**24** *Thanksgiving*	**25** *Thanksgiving*	**26** *Thanksgiving*	**27** *Thanksgiving*
30 **Lunch Entree** All Beef Hot Dog **Vegetables** Tater Tots Green Beans **Fruit** Raisins				

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