



October

Amigos Por Vida

Lunch Preschool

			Lunch Entree Chicken Alfredo Vegetables Broccoli Florets Fruit Diced Peaches	1 Lunch Entree Turkey & Beef Pepperoni Pizza Vegetables Diced Carrots Fruit Applesauce
Lunch Entree Meatball Sub Fruit Pineapple Tidbits	5 Lunch Entree BBQ Chicken Slider Vegetables Diced Carrots Fruit Pears	6 Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Fruit Blueberries	7 	8
Lunch Entree BBQ Chicken Tender Sandwich Vegetables Corn Fruit Pineapple Tidbits	12 Lunch Entree Beef & Cheese Quesadilla Vegetables Pinto Beans Fruit Pears	13 Lunch Entree Chicken Smackers with Mac & Cheese Vegetables Diced Carrots Fruit Blueberries	14 Lunch Entree Breakfast for Lunch: Scrambled Eggs & French Toast Sticks Vegetables Seasoned Potatoes Fruit Diced Peaches	15 Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip Vegetables Spaghetti Sauce Dip Fruit Applesauce
Lunch Entree Cheeseburger Vegetables Diced Carrots Fruit Pineapple Tidbits	19 Lunch Entree Grilled Chicken & Cheese Taco Vegetables Pinto Beans Fruit Pears	20 Lunch Entree Popcorn Chicken Vegetables Smile Shaped Potatoes Fruit Blueberries	21 Lunch Entree Spaghetti & Meatsauce Vegetables Broccoli Florets Fruit Diced Peaches	22 Lunch Entree Turkey Pepperoni Pizza Rippers Vegetables Diced Carrots Fruit Applesauce
Lunch Entree Soybutter & Jelly Sandwich + Cheese Stick Vegetables Corn Fruit Pineapple Tidbits	26 Lunch Entree Grilled Cheese Vegetables Baked Beans Fruit Pears	27 Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso Fruit Blueberries	28 Lunch Entree Chicken Smackers & Ketchup Vegetables Diced Carrots Fruit Diced Peaches	29 Lunch Entree Italian Pull Apart Cheese & Garlic Bread Vegetables Cucumber Slices Fruit Applesauce
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All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.