



# September

## Amigos Por Vida Lunch Preschool

|                                                                                                                           |                                                                                                              |                                                                                                                      |                                                                                                                                |                                                                                                                                                      |                                                                                                                                                             |                                                                               |                                                                                                                                                   |                                                                                                                           |           |
|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-----------|
|                                                                                                                           | <b>Lunch Entree</b><br>BBQ Chicken Slider<br><b>Vegetables</b><br>Diced Carrots<br><b>Fruit</b><br>Pears     | <b>1</b>                                                                                                             | <b>Lunch Entree</b><br>"Fried" Chicken Bowl with Mashed Potatoes<br><b>Fruit</b><br>Blueberries                                | <b>2</b>                                                                                                                                             | <b>Lunch Entree</b><br>Beef Taco<br><b>Vegetables</b><br>Pinto Beans<br><b>Fruit</b><br>Diced Peaches                                                       | <b>3</b>                                                                      | <b>Lunch Entree</b><br>Pizza Crunchers<br><b>Vegetables</b><br>Green Beans<br><b>Fruit</b><br>Applesauce                                          | <b>4</b>                                                                                                                  |           |
| <b>7</b>                                                                                                                  | <b>Lunch Entree</b><br>Beef & Cheese Quesadilla<br><b>Vegetables</b><br>Pinto Beans<br><b>Fruit</b><br>Pears | <b>8</b>                                                                                                             | <b>Lunch Entree</b><br>Chicken Smackers with Mac & Cheese<br><b>Vegetables</b><br>Diced Carrots<br><b>Fruit</b><br>Blueberries | <b>9</b>                                                                                                                                             | <b>Lunch Entree</b><br>Breakfast for Lunch: Scrambled Eggs & French Toast Sticks<br><b>Vegetables</b><br>Seasoned Potatoes<br><b>Fruit</b><br>Diced Peaches | <b>10</b>                                                                     | <b>Lunch Entree</b><br>Mozzarella Stuffed Breadsticks with Marinara Dip<br><b>Vegetables</b><br>Spaghetti Sauce Dip<br><b>Fruit</b><br>Applesauce | <b>11</b>                                                                                                                 |           |
| <b>Lunch Entree</b><br>Cheeseburger<br><b>Vegetables</b><br>Diced Carrots<br><b>Fruit</b><br>Pineapple Tidbits            | <b>14</b>                                                                                                    | <b>Lunch Entree</b><br>NEW!! Chicken Enchilada Empanada<br><b>Vegetables</b><br>Pinto Beans<br><b>Fruit</b><br>Pears | <b>15</b>                                                                                                                      | <b>Lunch Entree</b><br>Popcorn Chicken<br><b>Vegetables</b><br>Smile Shaped Potatoes<br><b>Fruit</b><br>Blueberries                                  | <b>16</b>                                                                                                                                                   | <b>Lunch Entree</b><br>Spaghetti & Meatballs<br><b>Fruit</b><br>Diced Peaches | <b>17</b>                                                                                                                                         | <b>Lunch Entree</b><br>Turkey Pepperoni Pizza Rippers<br><b>Vegetables</b><br>Diced Carrots<br><b>Fruit</b><br>Applesauce | <b>18</b> |
| <b>21</b>                                                                                                                 | <b>Lunch Entree</b><br>Grilled Cheese<br><b>Vegetables</b><br>Baked Beans<br><b>Fruit</b><br>Pears           | <b>22</b>                                                                                                            | <b>Lunch Entree</b><br>Loaded Tot-chos: Tater Tots with Ground Beef & Queso<br><b>Fruit</b><br>Blueberries                     | <b>23</b>                                                                                                                                            | <b>Lunch Entree</b><br>Chicken Smackers & Ketchup<br><b>Vegetables</b><br>Diced Carrots<br><b>Fruit</b><br>Diced Peaches                                    | <b>24</b>                                                                     | <b>Lunch Entree</b><br>Italian Pull Apart Cheese & Garlic Bread<br><b>Vegetables</b><br>Cucumber Slices<br><b>Fruit</b><br>Applesauce             | <b>25</b>                                                                                                                 |           |
| <b>Lunch Entree</b><br>Breaded Chicken Sandwich<br><b>Vegetables</b><br>Creamed Corn<br><b>Fruit</b><br>Pineapple Tidbits | <b>28</b>                                                                                                    | <b>Lunch Entree</b><br>Beef & Cheese Taco<br><b>Vegetables</b><br>Pinto Beans<br><b>Fruit</b><br>Pears               | <b>29</b>                                                                                                                      | <b>Lunch Entree</b><br>Meatballs,beef<br><b>Vegetables</b><br>Mashed Potatoes & Gravy<br><b>Fruit</b><br>Blueberries<br><b>Grains</b><br>Dinner Roll | <b>30</b>                                                                                                                                                   |                                                                               |                                                                                                                                                   |                                                                                                                           |           |

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.